What is claimed is:

5

1. A method of accessorizing body and hair comprising:

separating a first roll of material into a strip, wherein the material includes a first and a second side, and the strip includes a first end and a second end;

wrapping the strip around one of strands of hair and a body part; and engaging the first and second ends of the strip to secure the strip on one of the strands of hair and the body part.

- 2. The method of claim 1, further including stretching the strip into tension.
- 3. The method of claim 1, further including at least partially unrolling the roll of material.
 - 4. The method of claim 1, further including cutting at least one manipulative piece from a second roll of material, wherein the second roll differs in color from the first roll.
- 5. The method of claim 4, further including placing the manipulative piece onto the strip of the first roll.
 - 6. A device for body and hair accessorizing comprising:

a first roll of material that is separable into at least one strip, wherein the material includes a first and a second side, and the strip includes a first end and a second end; and

an adhesive disposed on at least one side of the material,

wherein the strip is adapted to surround one of a body part and strands of hair, such that the first and second ends of the strip engaged to secure the strip to the one of a body part and strands of hair.

- 7. The device for body and hair accessorizing of claim 6, wherein the adhesive is disposed on the first and second sides of the material.
- 8. The device for body and hair accessorizing of claim 6, wherein the adhesive is integral to the material.

- 9. The device for body and hair accessorizing of claim 6, wherein the material is perforated.
- 10. The device for body and hair accessorizing of claim 6, wherein the material is constructed from a rubber latex material.
- The device for body and hair accessorizing of claim 6, further including shapes created from a second roll of material, wherein the second roll differs in color from the first roll.
 - 12. The device for body and hair accessorizing of claim 6, wherein the first and second ends of the strip are engaged using self-adhesive properties of the material.
- 13. The device for body and hair accessorizing of claim 6, wherein the first and second ends of the strip are engaged using a fastener disposed on the first and second ends of the strip.
 - 14. A device for body and hair accessorizing comprising:

a first roll of self-adhesive perforated rubber material that is separable into at least one strip, wherein the material includes a first and a second side, and the strip includes a first end and a second end; and

a second roll of self-adhesive perforated rubber material that is cutable into at least one manipulative piece, wherein the material includes a first and a second side,

wherein the strip is adapted to surround one of a body part and strands of hair, such that the first and second ends of the strip engaged to secure the strip to the one of a body part and strands of hair, and wherein the manipulative piece is adapted secure to the strip by virtue of the self-adhesiveness of the material.

15. The device for body and hair accessorizing of claim 14, wherein the first and the second rolls differ in color.

20